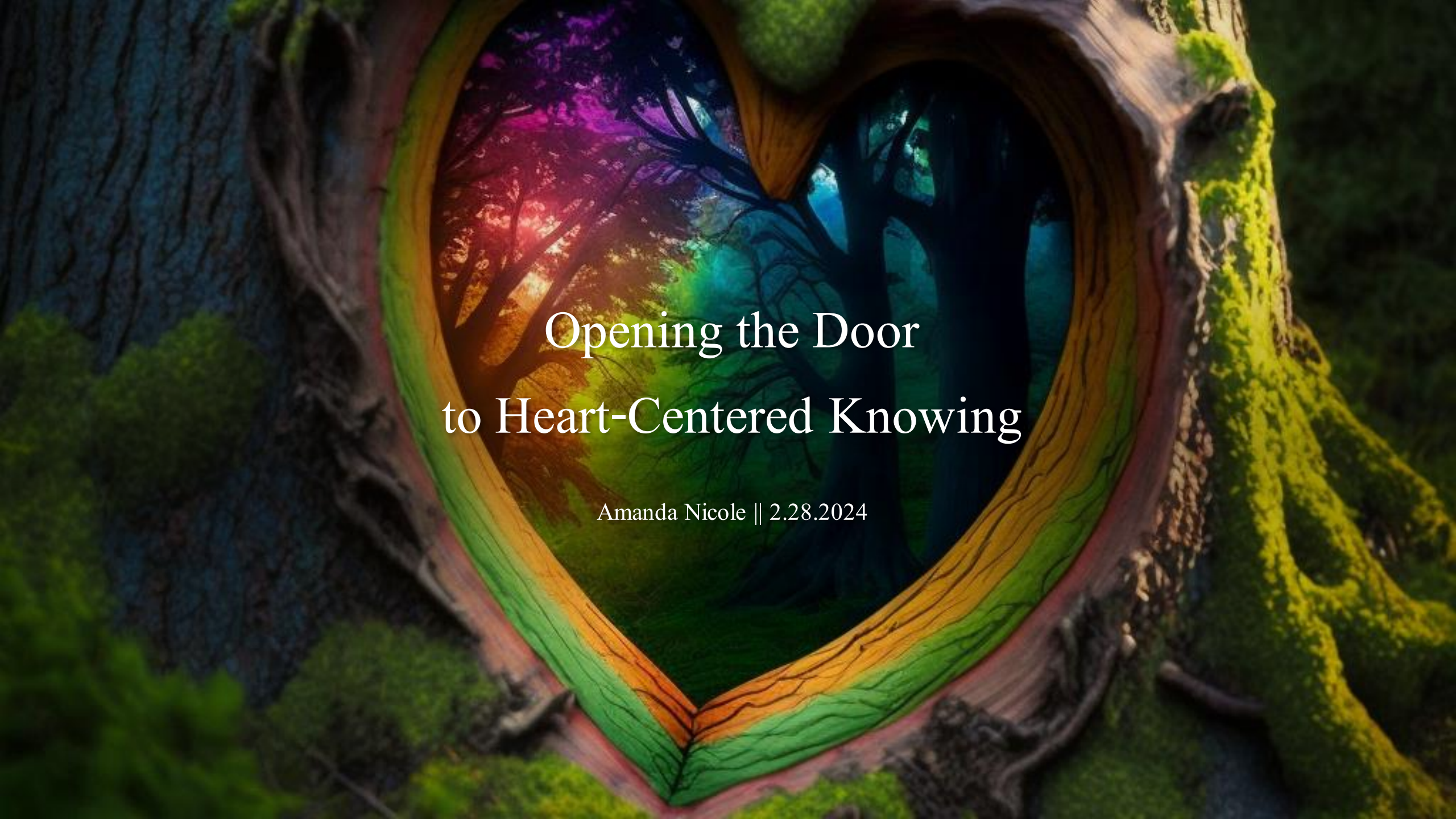


# Opening the Door to Heart-Centered Knowing

Amanda Nicole || 2.28.2024

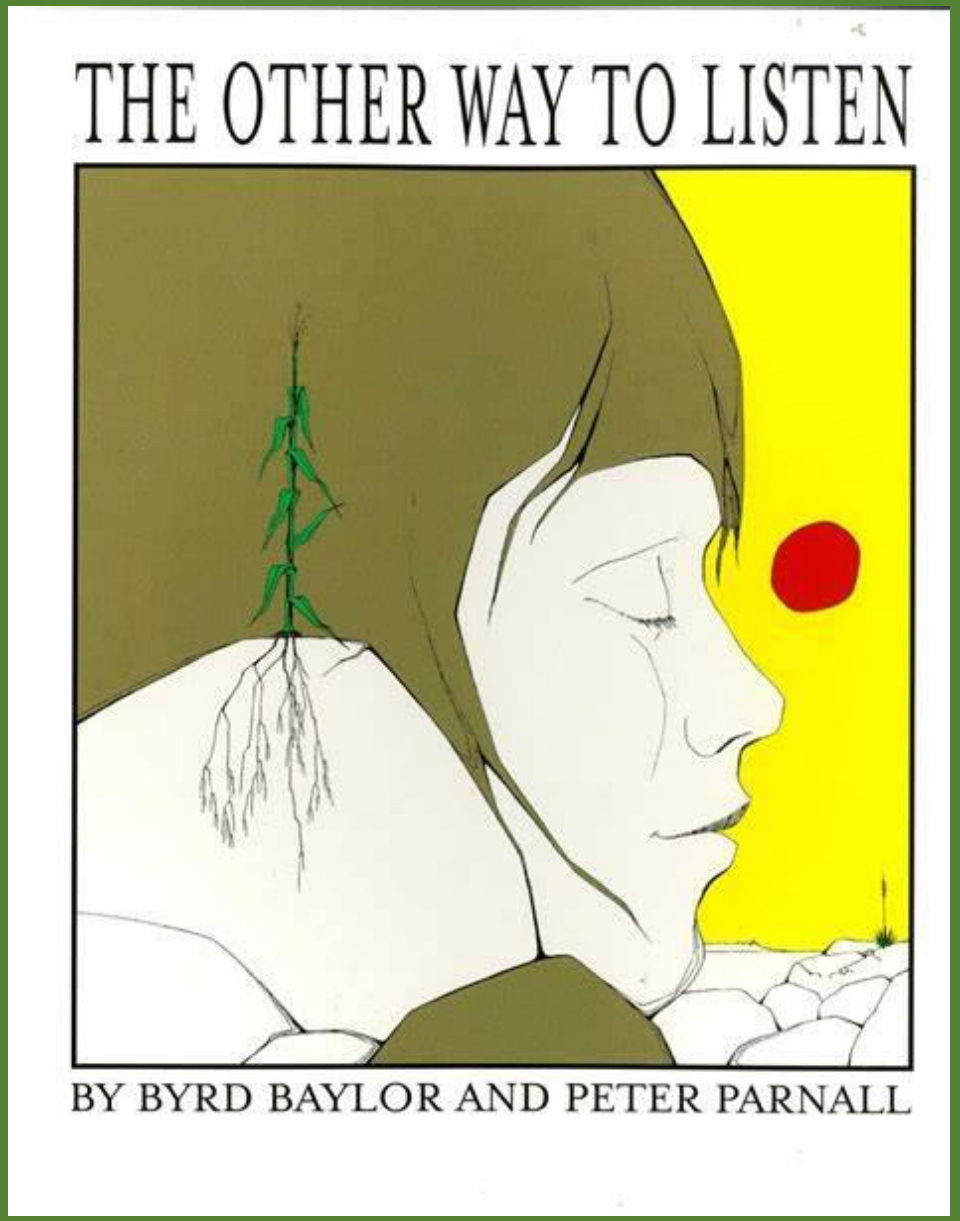
# The Voices in Our Head

Predominantly (if not exclusively) Human Voices

News / Social Media / Conference / Religion / Education

Non-Human / More Than Human Voices

Ecosophy / Entosophy




Still

Quiet

Unspoken

Intuitive

Soft

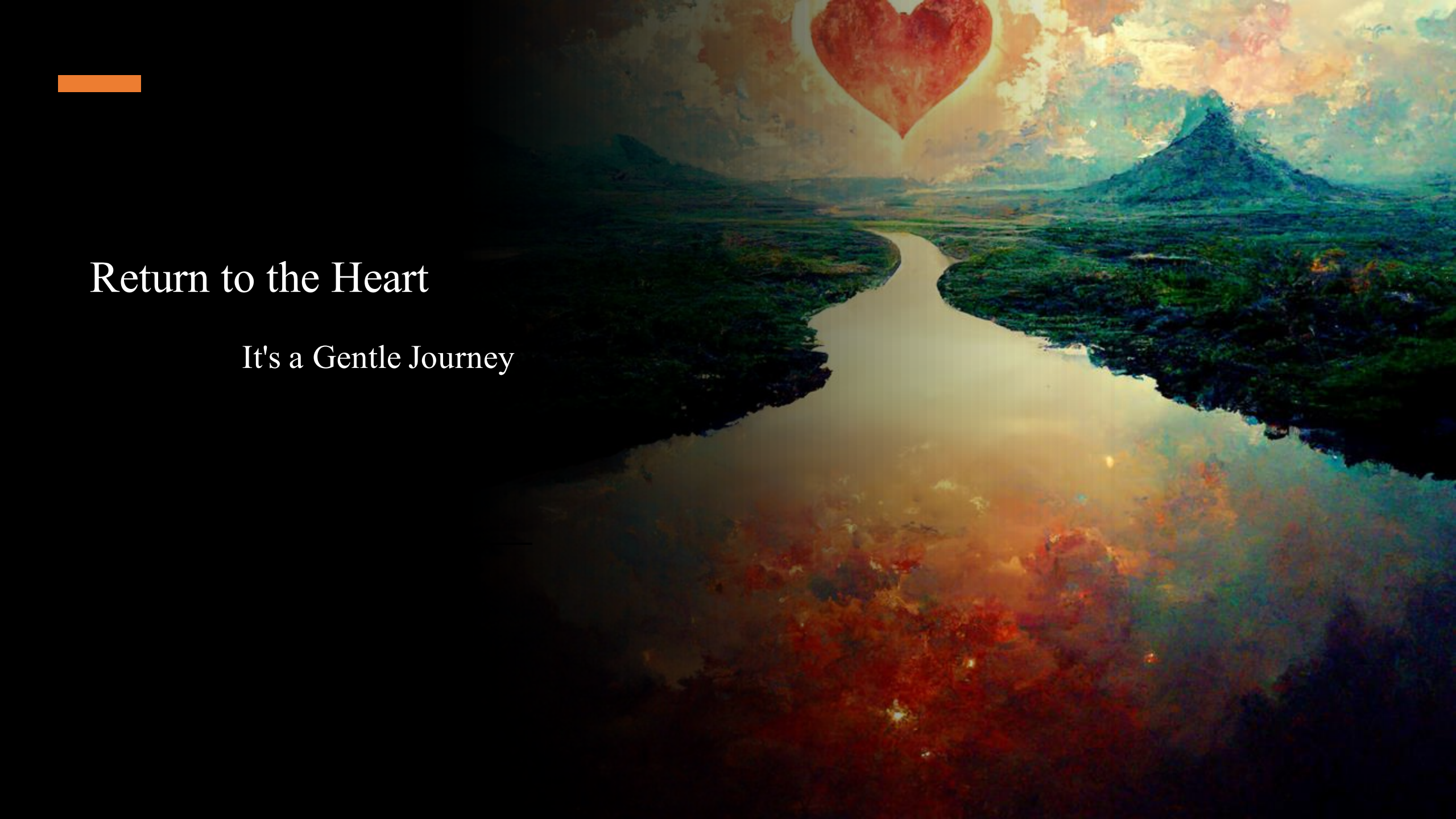
Internal

Receptive

Plant Communication Whispers

# Return to the Heart

It's a Gentle Journey

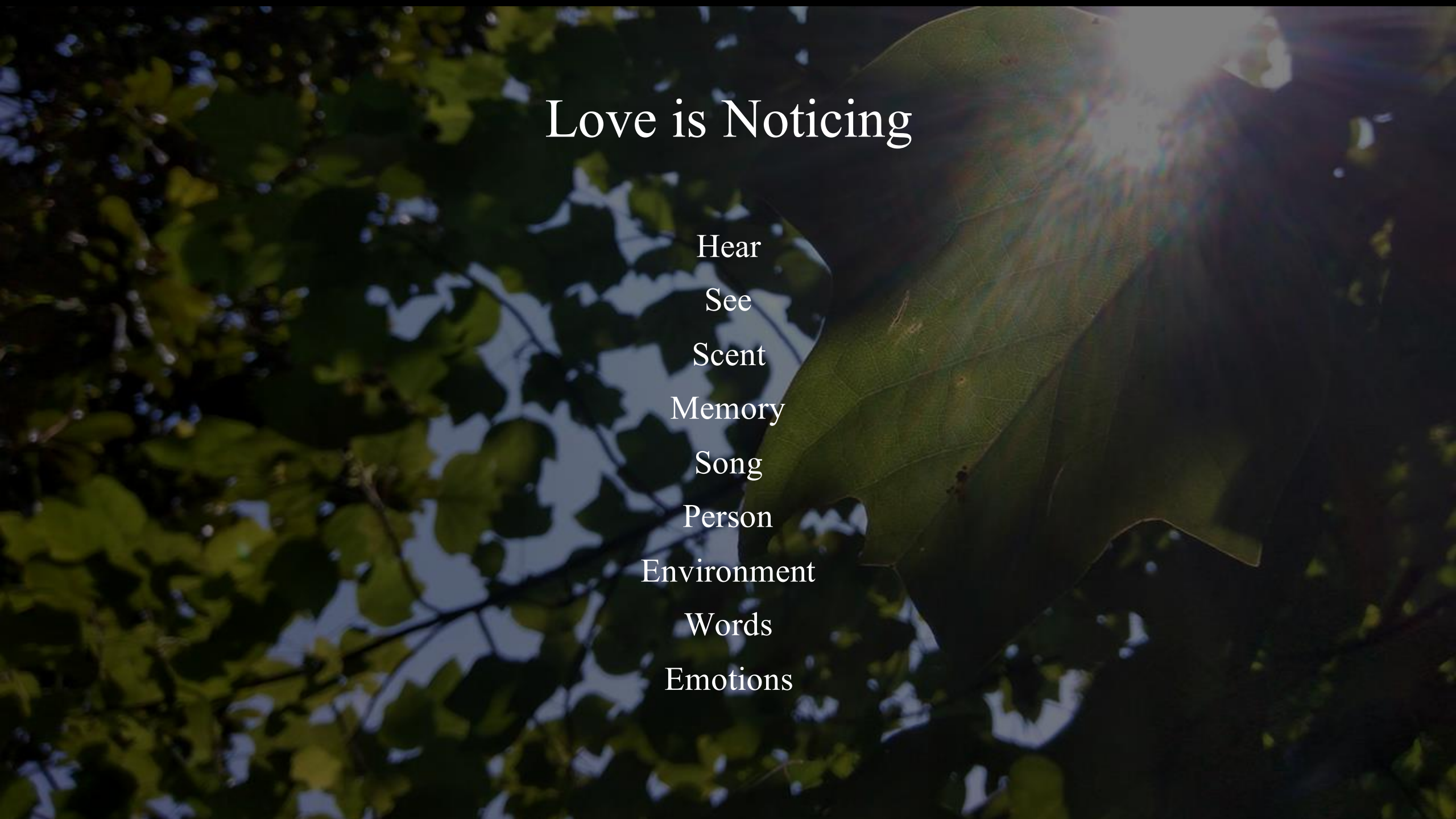


# Plants as Teachers

Violet || Only Listen to the Voice That Loves You

Rose || Your Heart is Good / Self-Love / Trust

Tulip Poplar || A Portal Door / Divine Conduit / Incarnation



# Love is Noticing

Hear

See

Scent

Memory

Song

Person

Environment

Words

Emotions



# Resources

Amanda Nicole || www.alchemillas.com / alchemillas@gmail.com

Pam Montgomery || www.wakeuptonature.com

*School of the Elemental Beings* by Karsten Massei

*Song of Increase* by Jacqueline Freeman

Mary Oliver (poet)

*Thus Spoke the Plant* by Monica Gagliano, PhD

*Mirrors in the Earth* by Asia Suler

*The Secret Teachings of Plants* by Stephen Buhner

The Findhorn Garden

